



Become a global TM with Aspire's Business English Fundamentals

In today's Business English Fundamentals, we will be reviewing adverbs of frequency. (頻度を表す副詞)

1. Never 2. Rarely 3. Sometimes 4. Often 5. Usually 6. Always

0%-----50%-----100%

1. They always work 10 hours a day.
2. They sometimes take breaks.
3. They are never late.

- a. With all verbs except be, the adverb goes before / after the verb.
- b. With be the adverb goes before / after the verb.

Example Dialogue

Sara: How many hours do you usually work, Rachel?

Rachel: I often work 9 hours a day.

Sara: How many breaks do you take?

Rachel: I usually take about 3-4, 10min breaks a day.

Sara: What time do you wake up?

Rachel: I always wake up at 7:30am.

Your Turn!

Let's make and answer the following questions using an adverb of frequency with our instructor/partner.

- Breakfast time
- Leave for work
- Hours worked a day
- Exercise
- Meet with friends

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